

# **CPR and AED Training Facilities for Worksites in Utah**

**Please contact each the locations you are interested in for class availability and pricing.**

## **Sandy City Fire Department (801) 568-2940**

[http://www.sandy.utah.gov/firedepartment.cpr\\_first\\_aid.html](http://www.sandy.utah.gov/firedepartment.cpr_first_aid.html)

### **CPR and First Aid Course Details**

CPR classes are four hours long, from 6:00 p.m. to 9:30 p.m. and are held on the first and third Wednesday, each month at Station 31, 9010 South 150 East. Students are encouraged to register early and pick up the manual and a pretest at least one week before the course.

First Aid classes are three hours long, from 6:00 p.m. to 9:30 p.m. and are held on the second Wednesday of each month.

If you are interested in signing up for a class call 568-2940. Or register in person or by mail. Include the following information:

- Name
- Address
- Phone Number
- Course Date
- Registration Fee
  - Family and Friends \$10.00
  - Heart Saver \$20.00
  - BLS for Health Care Professionals \$20.00
  - CPR Book \$10.00
  - First Aid \$20.00

### **Mail to:**

Sandy Fire Department Fire & Life Safety Division  
9010 South 150 East  
Sandy, UT 84070-2735

**Utah Safety Council (801) 478-7878, or 1-800-933-5943**

<http://www.utahsafetycouncil.org/TRNG/descrip.html>

### **First Aid, CPR and AED**

This course supplies your employees with the most up-to-date First Aid, CPR and AED training. Your employees will learn life-saving skills including how to treat shock, bleeding and wounds, burns, medical emergencies, and much more. In addition, employees will be completely trained in Adult CPR and AED. First Aid only or CPR and AED only courses are available as outlined below. *Class size is limited to ten people.*

Dates	Time	Cost-First Aid, CPR & AED (8 hours)
Arranged	Arranged	<b>Member:</b> \$400 per class (1-10 max)
		<b>Non-Member:</b> \$475 per class (1-10 max)
Dates	Time	Cost-First Aid Only (5 hours)
Arranged	Arranged	<b>Member:</b> \$320 per class (1-10 max)
		<b>Non-Member:</b> \$385 per class (1-10 max)
Dates	Time	Cost-CPR & AED Only (3 hours)
Arranged	Arranged	<b>Member:</b> \$230 per class (1-10 max)
		<b>Non-Member:</b> \$280 per class (1-10 max)

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### **First Aid, CPR and AED**

This eight-hour course supplies participants with the most up-to-date First Aid, CPR and AED training. Participants will learn life-saving skills including treatment for shock, bleeding and wounds, burns, medical emergencies and more. Upon completion, students will receive a First Aid Certification good for three years, and a CPR/AED Certification good for two years. As part of the benefits associated with membership, this course is free to one person per member organization, per membership year. Reduced tuition is available to small business organizations with less than 250 employees, please see the Scholarship link.

Dates	Time	Cost
May 11, 2006 June 9, 2006 July 14, 2006 August 22, 2006 September 22, 2006 October 17, 2006 November 16, 2006 December 5, 2006	8:00 am - 5:00 pm	<b>Member:</b> One Employee Free per membership year. Additional attendees \$40.00
		<b>Non-Member:</b> \$55

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### **First Aid, CPR and AED Instructor Course**

Protect your employees by teaching them life-saving skills with a certified First Aid, CPR and AED instructor of your own! This four-day course covers the National Safety Council's "Standard" First Aid, CPR and AED course, effective teaching strategies, lesson plans, presentation skills and practice teaching assignments. Participants are certified to instruct and certify their own classes in these life-saving skills.

Utah Safety Council  
1574 West 1700 South, Suite 2A  
Salt Lake City, Utah 84104  
Fax: (801) 478-0884

**American Red Cross (801) 323-7000 or 1-800-328-9272**

<http://www.utahredcross.org/>

Adult CPR with AED and First Aid - night series Adult CPR with AED and First Aid	course number <b>CPRAAdFA</b> \$50.00
Adult CPR with AED- night class - GSLAC Adult CPR with AED	course number <b>CPRAAd-GSLAC</b> \$40.00
Adult CPR with AED- night class - UDK Adult CPR with AED	course number <b>CPRAAd-UDK</b> \$40.00
Adult CPR/AED for the Workplace- GSLAC Adult CPR & AED training designed specifically for the workplace	course number <b>workplacpr</b> \$40.00
FA/CPR/AED for the Workplace- GSLAC Includes Adult CPR & AED and First Aid, designed specifically for the workplace	course number <b>workplace</b> \$50.00
First Aid/CPR/AED Instructor Course Workplace Training: Instructor Course	course number <b>CPRIInst</b> \$220.00

## Places that Offer CPR Training for American Heart Association

Refer to Following Page for Course Descriptions

Please contact the individual places for course dates, times and costs.

<b>Name</b>	<b>Address</b>	<b>Phone</b>	<b>Courses</b>
Bear River Valley Hospital	440 West 600 North Tremonton, UT 84337	(435) 257-7441	Heartsaver CPR
Bridgerland Applied Technology Center	1301 North 600 West Logan, UT 84321	(435) 750-3098	Heartsaver CPR Heartsaver First Aid
Cintas First Aid and Safety	1586 South 5350 West Salt Lake City, UT 84104	(801) 975-1167	Heartsaver CPR Heartsaver AED Heartsaver First Aid
Lakeview Hospital	630 Medical Drive Bountiful, UT 84010	(801) 299-2249	Heartsaver CPR Heartsaver First Aid
Logan Regional Hospital	500 East 1400 North Logan, UT 84341	(435) 716-5310	Heartsaver CPR Heartsaver AED Heartsaver First Aid
Moab Valley Fire Protection District	45 South 100 East Moab, UT 84532	(435) 259-5557	Heartsaver AED
Park City Fire Department	1353 Park Avenue Park City, UT 84060	(435) 649-6706	Heartsaver CPR Heartsaver AED Heartsaver First Aid
Pioneer Valley Hospital	3460 Pioneer Parkway West Valley City, UT 84120	(801) 964-3109	Heartsaver CPR Heartsaver First Aid
Primary Children's Medical Center	100 North Medical Drive Salt Lake City, UT 84113	(801) 588-4070	Heartsaver AED
Snow College	150 College Avenue Ephraim, UT 84627	(435) 283-7537	Heartsaver CPR
Start A Heart	210 East 400 South Salt Lake City, UT 84111	(801) 915-3434	Heartsaver CPR Heartsaver First Aid
Utah Basin Medical Center	RR 3 Box 3023C Roosevelt, UT 84066	(435) 722-5601	Heartsaver AED Heartsaver First Aid
Unified Fire Authority	3380 South 900 West Salt Lake City, UT 84119	(801) 743-7200	Heartsaver CPR
University of Utah Hospital	50 North Medical Drive Salt Lake City, UT 84132	(801) 581-2302	Heartsaver CPR Heartsaver AED
US Training Council	1209 West 1520 North Clinton, UT 84015	(801) 776-1811	Heartsaver CPR Heartsaver AED Heartsaver First Aid
Valley View Medical Center	1301 North Main Street Cedar City, UT 84720	(435) 868-5496	Heartsaver AED Heartsaver First Aid

## Health & Safety/Workplace Courses

Course	Modules Available	Length (w/1:1 student: instructor ratio)	Description	Audience	Student Materials	Instructor Materials	Card Type	Written Exam/ Skills Test
<b>Heartsaver CPR</b>	Adult/Child CPR and Choking <u>Options:</u> Infant CPR and Choking Adult/Child CPR With Mask Infant CPR With Mask	3 hours approx. 2 hours without Infant CPR	The Heartsaver CPR Course teaches CPR and relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver CPR Student Workbook</i> (80-1021)  Heartsaver Student CD  Adult CPR Reminder  Child & Infant CPR Reminder	<i>Heartsaver and Family &amp; Friends Instructor Manual</i> (80-1077)  Heartsaver and Family & Friends Instructor CD  Heartsaver CPR DVD (80-1023) or VHS (60-1022)  Heartsaver Posters (80-1065)  AHA Instructor Stopwatch (80-1016)	Heartsaver CPR Course Completion Card	Skills Test
<b>Heartsaver AED</b>	Adult/Child CPR With Mask and Choking Adult/Child AED <u>Options:</u> Infant CPR With Mask and Choking	3½ hours approx. 2½ hours without Infant CPR	The Heartsaver AED Course teaches CPR, AED use, relief of choking in adults and children, and infant CPR and relief of choking, and use of barrier devices for all ages.	For those who have a duty to respond to a cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver AED Student Workbook</i> (80-1024)  Heartsaver Student CD  Adult CPR & AED Reminder  Child & Infant CPR & AED Reminder	<i>Heartsaver and Family &amp; Friends Instructor Manual</i> (80-1077)  Heartsaver and Family & Friends Instructor CD  Heartsaver AED DVD (60-1025) or VHS (80-1025)  Heartsaver Posters (60-1065)  AHA Instructor Stopwatch (60-1016)	Heartsaver AED Course Completion Card	Skills Test
<b>Heartsaver First Aid</b>	Adult First Aid <u>Options:</u> Environmental Emergencies Adult/Child CPR With Mask Adult/Child AED Infant CPR With Mask	<u>All modules:</u> 7½ hours approx. 6½ hours without infant CPR  <u>First Aid only:</u> 3½ hours approx.	The Heartsaver First Aid Course teaches how to manage illness and injuries in the first few minutes until professional help arrives. Course content includes General Principles, Medical Emergencies, and Injury Emergencies. Optional topics include CPR and AED, and Environmental Emergencies.	For those who have a duty to respond to a first aid or cardiac emergency because of job responsibilities or regulatory requirements.	<i>Heartsaver First Aid With CPR and AED Student Workbook</i> (60-1058) <b>OR</b> <i>Heartsaver First Aid Student Workbook</i> (60-1042)  Heartsaver Student CD  Heartsaver First Aid Quick Reference Guide (60-1057)  Adult CPR & AED Reminder (only included with 80-1058)  Child & Infant CPR & AED Reminder (only included with 80-1055)	<i>Heartsaver and Family &amp; Friends Instructor Manual</i> (60-1077)  Heartsaver and Family & Friends Instructor CD  Heartsaver First Aid Video DVD (60-1044) or VHS (80-1043)  Heartsaver Posters (60-1065)  AHA Instructor Stopwatch (60-1016)	Heartsaver First Aid Course Completion Card	Written Test (First Aid)  Skills Test (CPR and AED)